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2 **Nonlinear response of Black Sea pelagic fish stocks**
3 **to over-exploitation**

4
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10 **ABSTRACT:** A three trophic levels prey-predator model investigates the underlying
11 nonlinear dynamics governing the long-term (1960 - 1999) changes in pelagic fish
12 stocks of the Black Sea. The model first explores the quasi-steady state dynamics of
13 the system under various combinations of the consumption, harvesting and mortality
14 rate values and identifies the critical parameters and their ranges that control
15 equilibrium characteristics of the system. This knowledge is then used to describe
16 progression of the stocks under temporally varying harvesting conditions. Albeit
17 idealized structure of the model, the simulations reproduce the observations
18 reasonably well. The model possesses different single equilibrium solutions during
19 different phases of the system and associated regime shift dynamics. The late 1960s
20 characterized the disruption period of heavily-exploited top predator stock and the
21 successive proliferation of weakly-exploited small and medium pelagic stocks. The
22 high stock regime of small pelagics persisted for a decade and then rebounded back
23 and forth between the low and high abundance regimes. The 1990s ecosystem
24 represents a gradual switch to their high stock regime, whereas other groups preserve
25 their low stock regimes. Simulations further explore optimum harvesting conditions
26 for balanced stocks of small and medium pelagics by the end of next decade. The
27 present study highlights how a simple model, when carefully tuned, may provide
28 detailed information on fish stock dynamics and realistically reproduce the
29 observations. The model also illustrates the value of a minimalist deterministic
30 approach for multi-species fishery management strategy development.

31
32 **KEY WORDS:** Black Sea, pelagic fish populations, prey-predator model, abrupt
33 transitions, quasi-stable states, over-exploitation.

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35 **RUNNING HEAD:** Modelling Black Sea pelagic fish stock variations
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INTRODUCTION

37

38 An extensive body of literature documents dramatic changes in marine food
39 web structures and functioning under climatic or human-induced perturbations over
40 the globe. Overfishing is one of the serious ecological concerns. Many of the world's
41 fish stocks, especially large predatory fishes, were severely depleted within the past
42 50 years (Hutchings 2000, Jackson et al. 2001, Myers & Worm 2003). In intensively
43 fished ecosystems, decline in abundance of top predatory fish populations has shifted
44 fisheries to target species at lower trophic levels (Pauly et al. 1998). The Black Sea is
45 by no means an exception. Successive over-exploitation of fish stocks (i.e., "fishing
46 down the food web") together with intense eutrophication, strong decadal-scale
47 climatic cooling/warming, and population outbursts of opportunistic species and
48 gelatinous carnivores have concomitantly introduced stresses on the ecosystem far
49 more severe than those encountered in many other semi-enclosed, marginal and shelf
50 seas within the second half of the previous century (Zaitsev & Mamaev 1997, Gucu
51 2002, Kideys 2002, Daskalov 2003, Bilio & Niermann 2004, Oguz, 2005a, Oguz
52 2005b, Oguz et al. 2006). Utilizing a long-term ecological data, Oguz & Gilbert
53 (2007) recently diagnosed sharp transitions between quasi-stable states of various
54 ecological properties during the reorganisation of ecosystem under synchronous
55 climatic and anthropogenic forcing. They noted a switch from large predatory fish to
56 small planktivore fish-controlled system in the early 1970s, the transition to a
57 gelatinous-controlled system at the end of the 1980s, and to small planktivore-
58 controlled system again at the end of the 1990s.

59 Daskalov (2002) and Oguz & Gilbert (2007) further noted inevitable role of the
60 trophic cascade process in the food web under marked changes in the higher trophic
61 level structure in response to excessive and continual harvesting of stocks at different
62 periods of the recent past. Therefore, the quantitative understanding of likely
63 response of the pelagic fish stocks to over-exploitation constitutes one of the key
64 issues to gain a deeper insight into the mechanisms that govern the long-term
65 organisation of ecosystem. The present study employs a simple deterministic model
66 to explore underlining nonlinear dynamics associated with the long-term stock
67 variations under differing harvesting conditions.

68 So far simple prey-predator type population dynamic models dealing with
69 multiple states generally focused on the equilibrium (i.e., steady-state) properties of
70 fish and plankton populations under different parameter ranges and for various
71 functional representation of the consumption and predation mortality mechanisms
72 (May et al. 1979, Steele & Henderson 1984, Hastings & Powell 1991, Abrams &
73 Roth 1994, Spencer & Collie 1995, Edwards & Yool 2000, Scheffer & Rinaldi 2000,
74 Kemp et al. 2001, Lima et al. 2002, Gibson et al. 2005, Morozov et al. 2005). In a
75 rather idealized way, some models incorporated impacts of stochastic climatic
76 variability on long-term fish population fluctuations (e.g., Steele & Henderson 1984,
77 Spencer & Collie 1995, Collie et al. 2004). The present study extends these efforts to
78 testing capability of a minimalist model for the simulation of multi-decadal behaviour
79 of pelagic fish populations within a heavily exploited marine environment (i.e. the
80 Black Sea). The subsequent sections provide (1) a qualitative interpretation of the
81 available catch data to set a basis for the modelling studies, (2) a brief overview of
82 the regime shift concept in ecological systems, (3) the equilibrium analyses of the
83 model for elucidating the mechanisms controlling abrupt stocks changes and
84 identifying the optimum parameter ranges that are critical to model dynamics, (4)

85 simulations of the long term (1960-1999) stock and catch variations and possible
86 stocks development under different harvesting scenarios during the next decade.

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INTERPRETATION OF CATCH OBSERVATIONS

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90 The catch observations are the only available systematic long-term data set to
91 make inferences on the fate of Black Sea fish stocks during the recent past. The fact
92 that the fishing effort was quite high during the 1970s and 1980s (Gucu 2002)
93 justifies the link between the catch and stock variations and thus to develop a
94 conceptual view which forms a basis for the present modelling studies. The data set
95 (Fig. 1), retrieved from <http://www.seaaroundus.org/lme/lme.aspx>, comprises the
96 total annual landings of small pelagics (anchovy *Engraulis encrasicolus*, sprat
97 *Sprattus sprattus*, horse mackerel *Trachurus* spp, Pontic shad *Alosa pontica*), of
98 medium size pelagics (Atlantic bonito *Sarda sarda*, mackerel *Scomber* spp, blue fish
99 *Pomatomus saltator*), larger pelagics (> 90 cm) and the total annual landings of small
100 and medium demersals (turbot *Scophthalmus rhombus*, red mullet *Mullus barbatus*,
101 whiting *Merlangius m. euxinus*). The data set also includes the annual dolphin catch
102 in the Former Soviet Union countries prior to the banning of its harvesting in 1966
103 (Zemsky 1996) and the annual Turkish catch that continued extensively in the 1970s
104 (Yel 1996).

105 The first phase in the data covers the 1950s and the early 1960s. It is
106 characterized by low catches of small and medium pelagics and relatively high
107 catches of dolphins and demersal fish community (Fig. 1). Large pelagic fish catches,
108 on the other hand, maintain a steady level around 20 ktons throughout the study
109 period. It likely suggests the prevalence of low stocks of large pelagics under their
110 intense harvesting and thus their weak predation control on the food web. This system
111 appears to suggest domination of the higher trophic level by large predatory and
112 demersal fish stocks with respect to small and medium pelagics. The total catch of the
113 former group varied between 100 - to - 200 ktons, whereas that of the others was
114 below 200 ktons (Fig. 2).

115 Dolphin catch declined dramatically by the mid-1960s and reached almost
116 complete extinction towards the end of 1970s. It was accompanied with a large
117 reduction in demersal fish catches as well. Their total low catch level (< 50 ktons) in
118 the subsequent decades implies a continuous high fishing effort on these stocks. On
119 the contrary, first the small pelagic catch and then the medium pelagic catch
120 increased in the 1980s up to a total of 800 ktons (Fig. 2) primarily in response to
121 rapid development in Turkish fishing fleets (Gücü 2002). This period therefore
122 should be able to sustain high stocks of faster-growing species of small and medium
123 pelagics following declines of large predators and demersals. Interestingly, similar
124 shifts have been observed on global scale during the same period (Myers & Worm
125 2003).

126 The catches of small and medium pelagics declined dramatically and
127 concomitantly at the end of the 1980s. In particular, anchovy stocks that used to be
128 the most abundant fish species of the 1980s collapsed rapidly from more than 800
129 kilotonnes to ~ 200 kilotonnes (Ivanov & Panayotova 2001, Daskalov et al. 2002).
130 This phase, however, lasted for only four years and the small pelagic catch started
131 increasing gradually by 1993 up to about 400 ktons during the early 2000s. The

132 medium, large predatory and demersal fish catches, on the other hand, persisted at
133 their background levels during this period.

134 The catch data may have the following implications in regards to the
135 reorganization of stocks within the last 50 years: (1) a major shift from a demersal
136 and top predator dominated system to a small and medium pelagic dominated system
137 at the end of the 1960s, (2) the existence of two successive quasi-persistent low and
138 high stock regimes of the small plus medium pelagic groups and the top predator plus
139 demersal groups (Fig. 2) each lasts approximately for two decades during 1950 -
140 1990, (3) a transition towards high stock regime of small pelagics during the 1990s at
141 the expense of low stock regimes of medium and large pelagic predators, (4) two
142 distinct short-term transitional periods of the lowest stocks for all populations at the
143 end of the 1960s and the 1980s. The model simulations presented in the subsequent
144 sections seek a quantitative support for these assertions.

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146 **AN OVERVIEW OF REGIME SHIFTS IN ECOLOGICAL SYSTEMS**

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148 One of the objectives of the present study is to identify the mechanisms
149 responsible for marked changes (i.e., regime shifts) that likely occurred in the Black
150 Sea fish stocks during the second half of the last century. A brief overview of the
151 regime shift concept is therefore appropriate here for the sake of completeness. The
152 ecological properties may alternate their stable states (also referred to as regimes)
153 when an ecosystem loses its internal resilience under strong environmental stressors
154 (both natural and human-induced) and subsequently some internal and/or external
155 properties of the ecosystem reach critical thresholds (May 1977, Scheffer et al. 2001,
156 Petraitis & Dudgeon 2004). Transitions between the stable states occur in two
157 different forms depending on the equilibrium characteristics of the system. In the case
158 of multiple equilibria, the strongly nonlinear systems possess alternative stable states
159 (e.g., the low and high stock regimes) for a particular set of internal or external
160 conditions (e.g., fishing mortality rate, temperature). The properties alternate their
161 states abruptly via forward and backward transitions at two different thresholds (c.f.,
162 Fig. 2 in Petraitis & Dudgeon 2004). The transitions are referred to as
163 “discontinuous” regime shifts and the phenomenon is called “hysteresis” (Scheffer et
164 al. 2001). The George Bank haddock stock variations due to marked changes in
165 harvesting rates (Collie et al. 2004) fall into this category. Discontinuous regime
166 shifts impose strong constraints on reversibility of the states. They are traced by
167 abrupt changes in the time series data.

168 Ecosystems are more often characterized by a single equilibrium in which a
169 stable state characterized by specific internal and external conditions may alternate to
170 a new stable state as conditions change (c.f., Fig. 3 in Petraitis & Dudgeon 2004). The
171 states are therefore identified by two different ranges of conditions on both sides of
172 thresholds (instead of the same range between two different thresholds in the
173 discontinuous shifts). They resemble sinusoidal-type fluctuations in the time series
174 data as in the case of low frequency, multi-decadal scale, climate-driven fluctuations
175 observed in open ocean fish populations (de Young et al. 2004). A well-known
176 example is the successive transitions between a warm “sardine regime” and a cool
177 “anchovy regime” in the Pacific Ocean since the early 1950s (Chavez et al. 2003).
178 Following Scheffer et al. (2001) and Collie et al. (2004), they are referred to as

179 “smooth” regime shifts here. The discontinuous and linear shifts represent two end-
 180 members of nonlinear bifurcations depending on the degree of nonlinearity of the
 181 system. Scheffer et al. (2001) and Scheffer & Carpenter (2003) provide the
 182 theoretical framework of regime shifts as well as some case studies from marine and
 183 aquatic ecosystems.

184 The definitions of regime shifts given above formally apply to the systems
 185 controlled by one variable (e.g., the consumption rate or harvesting rate). In reality,
 186 more than one internal and/or external factor often impose simultaneous controls on
 187 ecological systems, and therefore make the regime shift interpretations ambiguous in
 188 terms of identification of the threshold values and the equilibrium characteristics
 189 (single or multiple equilibrium). As described in the following sections, this
 190 ambiguity also arises in the present study.

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MODEL FORMULATION

193 The model comprises the small pelagic (resource or prey), medium pelagic
 194 (consumer) and large pelagic (top predator) groups; the latter involving both large
 195 pelagics and dolphins. The small pelagic group grows using resources provided by
 196 the lower trophic level, and is consumed by both medium pelagic and top predator
 197 groups. As the top predator and the consumer groups compete for a single resource,
 198 the predator group feeds on the consumer group as well. The model resembles an
 199 intraguild omnivory system such as phytoplankton (resource), microzooplankton
 200 (consumer) and mesozooplankton (predator). For simplicity, demersal stock
 201 variations and their interactions with small pelagics are not explicitly taken into
 202 account because of their negligible role on the Black Sea fishery after the 1960s. All
 203 groups are subject to a linear harvesting, and the system is closed by the quadratic
 204 mortality terms for the top predator and medium pelagic groups. A higher degree of
 205 complexity introduced by nonlinear couplings between the consumption, mortality
 206 and harvesting mechanisms of these three groups make the model more sophisticated
 207 than the earlier one prey-one predator models (e.g. Spencer & Collie 1995) and three
 208 trophic level food chain models (Powel & Hastings 1991, Abrams & Roth 1994). In
 209 essence, the model complexity conceptually resembles the one presented by May et
 210 al. (1979) that investigated the dynamic response of the Antarctic ecosystem to
 211 changes in harvesting regimes of different fish species. The governing equations, in
 212 their dimensional form, are expressed by

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$$214 \quad \frac{dS_1}{dt^*} = R_1 S_1 \left(1 - \frac{S_1}{K_1}\right) - R_2 S_2 \frac{S_1^2}{K_2^2 + S_1^2} - R_3 S_3 \frac{a_1 S_1^2}{K_3^2 + a_1 S_1^2 + a_2 S_2^2} - f_1^* S_1 \quad (1a)$$

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$$216 \quad \frac{dS_2}{dt^*} = \varepsilon_2 R_2 S_2 \frac{S_1^2}{K_2^2 + S_1^2} - R_3 S_3 \frac{a_2 S_2^2}{K_3^2 + a_1 S_1^2 + a_2 S_2^2} - D_2 S_2^2 - f_2^* S_2 \quad (1b)$$

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$$218 \quad \frac{dS_3}{dt^*} = \varepsilon_3 R_3 S_3 \frac{a_1 S_1^2 + a_2 S_2^2}{K_3^2 + a_1 S_1^2 + a_2 S_2^2} - D_3 S_3^2 - f_3^* S_3$$

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220 In eq's (1a-c), the operator d/dt^* represents the time derivative, S_1 , S_2 , S_3 denote
 221 respectively small, medium and top predator pelagic fish abundances, R_1 defines
 222 growth rate of small pelagics, K_1 is their carrying capacity, R_3 is consumption rate of

223 top predator group on small and medium pelagic populations with respective percent
 224 feeding preference rates of a_1 and a_2 , R_2 is consumption rate of medium pelagics on
 225 small pelagic population. K_2 and K_3 are prey abundances where consumption rates are
 226 half of their maximum values, ε_2 , ε_3 are food conversion efficiencies (i.e., the
 227 proportion of food assimilated by consumers), f_1^* , f_2^* and f_3^* are harvesting rates, D_2
 228 and D_3 denote mortality rates.

229 In general, the quadratic mortality term used in the consumer and predator
 230 equations parameterizes the consumption by higher predators that are not explicitly
 231 incorporated in the models, and the natural mortality is often considered a part of this
 232 loss term. Its nonlinear form, which in biological sense implies a density dependent
 233 mortality, is preferred to the linear representation in order to suppress unstable
 234 oscillations in the models and to stabilise solutions (e.g., Edwards & Yool 2000).
 235 The density dependent mortality ($d_k F_k$), however, goes to zero as the top predator
 236 stock vanishes. A better choice may be to use both density dependent and
 237 independent terms (Caswell & Neubert 1998). The quadratic mortality term is
 238 omitted in eq. 1a since the predation mortality by the medium pelagic and top predator
 239 groups have already been explicitly taken into account in the model. On the other
 240 hand, because of the presence of linear fishing mortality term in eq. 1a, a separate
 241 linear natural mortality loss term would be redundant within the framework of this
 242 simplified model. The natural mortality is simply assumed to be a fraction of the
 243 linear loss term. Low rates of natural mortality of adult fishes, which form the main
 244 stocks for fishery, justify this approximation.

245 The model incorporates neither age-structure of populations nor seasonal
 246 variability and spatial structure. The model is further simplified by assuming no
 247 active biological and physical processes regulating population sizes. The lower
 248 trophic structure is not explicitly represented but its contribution is parameterized by
 249 the carrying capacity in the logistic growth term. Based on these simplifications, the
 250 model offers the first-order dynamical behaviour of the system and forms a basis for
 251 building up more sophisticated models that allow complex interactions among
 252 different trophic levels. Equations are solved by the fourth order Runge-Kutta
 253 numerical algorithm with a time step of 60 seconds. A time step up to one hour,
 254 however, gives comparable results.

255 Nonlinear dynamics of these systems are well known. The combination of a
 256 logistic growth functional form together with sigmoidal type III consumption, the
 257 quadratic natural and/or unparameterized predator mortality and the linear fishing
 258 mortality functions imply either single high or low stable equilibrium of stocks or
 259 three equilibria (two stable equilibria separated by an unstable equilibrium) for
 260 different combinations of parameter values. In the case of multiple equilibria, a slight
 261 change in one of the parameters can cause bifurcation of prey-predator stocks to their
 262 alternative domains of attraction (May et al. 1979, Steele & Henderson 1984, Spencer
 263 & Collie 1995, Caswell & Neubert 1998, Edwards & Yool 2000, Scheffer & Rinaldi
 264 2000, Kemp et al. 2001, Lima et al. 2002, Gibson et al. 2005, Morozov et al. 2005).
 265 The system may also provide single equilibrium, limit cycles and chaotic fluctuations
 266 for some parameter ranges (Hastings & Powell 1991, Abrams & Roth 1994, Caswell
 267 & Neubert 1998).

268 In order to make the analysis more tractable, eq's 1a-c are made
 269 nondimensional by scaling S_1 with K_2 , S_2 and S_3 with K_3 , time t with R_1^{-1} , and other
 270 dimensional parameters as shown in Table 1. Eq's 1a-c then transform to

$$271 \quad \frac{dF_1}{dt} = F_1 \left(1 - \frac{F_1}{K} \right) - \frac{r_2}{\gamma} F_2 \frac{F_1^2}{1 + F_1^2} - \frac{r_3}{\gamma} F_3 \frac{a_1 \gamma^2 F_1^2}{1 + a_1 \gamma^2 F_1^2 + a_2 F_2^2} - f_1 F_1 \quad (2a)$$

$$272 \quad \frac{dF_2}{dt} = \varepsilon_2 r_2 F_2 \frac{F_1^2}{1 + F_1^2} - r_3 F_3 \frac{a_2 F_2^2}{1 + a_1 \gamma^2 F_1^2 + a_2 F_2^2} - d_2 F_2^2 - f_2 F_2 \quad (2b)$$

$$273 \quad \frac{dF_3}{dt} = \varepsilon_3 r_3 F_3 \frac{a_1 \gamma^2 F_1^2 + a_2 F_2^2}{1 + a_1 \gamma^2 F_1^2 + a_2 F_2^2} - d_3 F_3^2 - f_3 F_3 \quad (2c)$$

274 The values for dimensional growth rate and carrying capacity of small pelagics are
 275 taken from the available literature as $R_1 = 0.9 \text{ y}^{-1}$, $K_1 = 2000$ ktons; the latter
 276 approximately corresponds to twice the maximum observed stock value of small
 277 pelagics. The nondimensionalisation of equations introduces a new parameter $\gamma = K_2 /$
 278 K_3 that defines the ratio of half saturation constants of consumer and top predator
 279 abundances. Thus, γ sets the value of K_3 relative to K_2 in the model. The stocks are
 280 scaled by K_2 and K_3 and the value of K_2 is set to 50 ktons, whereas the value of K_3
 281 depends on the choice of γ . The feeding preference rate of top predator and medium
 282 pelagic groups are $a_1 = 0.7$ and $a_2 = 0.3$, respectively. This setting suggests more
 283 efficient prey consumption of the top predator group on small pelagics with respect to
 284 the medium pelagic group. The food conversion efficiencies ε_2 , ε_3 are taken as 0.7.
 285 These parameter values are kept fixed in all simulations because the model is not
 286 critically sensitive to their changes under their expected range of variations for the
 287 Black Sea. Other parameter values, particularly the parameter γ and the consumption
 288 rates r_2 and r_3 , are not precisely known and preliminary sensitivity experiments
 289 suggested their critical importance on structuring the long-term observed stock and
 290 catch variations. Their optimum values that reproduce the observed stocks and
 291 catches during different phases of the system are assessed by the equilibrium analyses
 292 of model instead of choosing them from a broad range of observed values reported
 293 for different species. The alternative and/or complementary approach could be their
 294 estimation with a nonlinear parameter optimization technique if the data set would be
 295 more complete.

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EQUILIBRIUM ANALYSES

303 I refer to Fig. 2 to reiterate the hypothesis put forward on the existence of two
 304 distinctly different regimes of the fish stocks before and after 1970. The existence and
 305 equilibrium characteristics of these two quasi-steady phases of the system are now
 306 examined under various combinations of the harvesting, predation and mortality
 307 parameter values. For this purpose, an extensive set of experiments are performed by
 308 systematically altering the parameter values within their dynamically feasible ranges.
 309 A sample from this set that specifically applies to the Black Sea conditions is
 310 presented below. More general aspects of the prey-predator dynamics given by this
 311 relatively complex three-trophic levels model will be reported elsewhere.

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Response of the system to the ratio of half saturation constants

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Response of the system to consumption rates

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I first focus on the response of pristine system (1950s and 1960s) to the parameter γ . The equilibrium solutions are sought for its values changing between 0.5 and 5.0 at an increment of 0.5 for different choices of r_2 . The solutions are obtained from an initial state representative of the pristine conditions with $F_1 = F_2 = 3.0$ (the low stock states of small and medium pelagic groups; 150 and 60 ktons, respectively) and $F_3 = 10.0$ (the high stock state of top predator group; 200 ktons) and running the model for 20 years that is long enough to achieve the steady state solution. The subsequent equilibrium solutions for other γ values are obtained by every 20 years of integration as well starting from the former steady state solution. Other parameters are chosen as $K = 40, f_1 = 0.25, f_2 = f_3 = 0.30, d_2 = d_3 = 0.01$ (the rest is given above). The K and f values reflect low harvesting and moderate carrying capacity of the pristine system during the 1950s and 1960s.

The equilibrium solutions are obtained for its both increasing and decreasing values in order to identify whether the system possesses single or multiple equilibrium states. The solutions indicate that the small and medium pelagic stocks are not sensitive to the choice of γ up to its value of 4.0 and permanently reside in their low stock regimes. The stocks however flip to their high stock regimes when $\gamma \geq 4.0$. The top pelagics change gradually from the low to high stock regime for increasing γ values.

The cases with $\gamma \geq 4.0$ (i.e., $K_2 = 50$ and $K_3 \leq 12.5$) represent a condition that the prey group has an efficient growth, supplies high resource for the consumer and predator groups and gives rise to high stocks for the entire system. Conversely, the cases with $\gamma \leq 1.0$ (i.e., $K_2 = 50$ and $K_3 \geq 50$) possess severe food limitation and exhaustion of stock at all trophic levels. The choices of γ between 1.0 and 4.0 introduce strong top-down control by top predators on the prey and consumer groups. Among all these combinations, $\gamma = 2.5$ reveals the top pelagic stock and catch values consistent with the observations during the 1950s and 1960s. This value is therefore adopted for the rest of the analyses.

The sensitivity of the system to the values of r_2 and r_3 is searched next in order to identify the range of their values which adequately describe the dual-mode structure of the observed fish stocks. The equilibrium solutions are obtained for changing the values of r_3 from zero to 2.0 at an increment of 0.1 for different choices of r_2 . The stock variation of each group versus r_3 , depicted in Fig. 3a-c for three different consumer consumption rates $r_2 = 0.5, 0.7, 0.9$, reveals single equilibrium of the system. Either the small pelagic group or medium pelagic group or both, depending on the value of r_2 , lay in the state which is opposite to the state of top predator group for any value of r_3 . The transition between the stable states occurs at slightly different threshold values of r_3 for all groups. For example, for $r_2 = 0.5$ the small pelagic group possesses the high stock regime up to $r_3 = 0.7$, shifts to the low stock regime in the range $0.7 < r_3 < 0.9$, and remains stable thereafter for increasing values of r_3 (Fig. 3a). The top predator group shows an opposite characteristics (Fig. 3c). The medium pelagic group remains permanently in the low stock regime for the entire range of r_3 (Fig. 3b) suggesting that its consumption rate on small pelagics is not sufficiently strong for their net growth. During its decreasing values, the states alternate at a slightly lower range $0.4 < r_3 < 0.5$ (Fig. 3a, c). The small and top

361 predator groups therefore acquire both low and high stock regimes for a narrow range
 362 of r_3 during the transition phase of stocks. The top predator group exhibits limit cycle
 363 solutions during the transition as evident by the peak at $r_3 = 0.8$ in Fig. 3c.

364 For $r_2 = 0.7$, the structures of small pelagic and top predator stocks resemble
 365 those already presented for $r_2 = 0.5$ but, in addition, the medium pelagic stock
 366 acquires two different stable states on both sides of the same threshold range of r_3 .
 367 The high stock regime of medium pelagics occurs at the expense of reduced small
 368 pelagic stock while the top predator group retains its former stock size. For
 369 decreasing r_3 values, the transition of medium pelagic stock takes place more
 370 gradually from 0.7 to 0.4. For $r_2 = 0.9$, the small pelagic stock is exhausted
 371 completely irrespective of the value of r_3 due to a stronger consumption pressure
 372 exerted by medium pelagics. The reduction in medium pelagic stock size with respect
 373 to the case for $r_2 = 0.7$ reflects relatively weaker growth due to the exhaustion of
 374 small pelagic stock under their high consumption rate by medium pelagics and points
 375 to a feedback mechanism between the consumption and growth characteristics of the
 376 prey-consumer system. The structure of top predator stock generally remains
 377 unchanged during the transition phase except weaker oscillations. Under the present
 378 parameter setting, the equilibrium analysis indicates that the consumption rate values
 379 of $r_3 > 0.7$ and $0.5 < r_2 < 0.9$ are the most appropriate for the Black Sea prey-
 380 consumer-predator system. Beyond these ranges, the solutions are not relevant for the
 381 Black Sea.

382 A closer focus to Fig. 3a-c may help to further constrain the optimum choices
 383 of r_2 and r_3 . For example, the values of r_3 much larger than 0.7 stabilise the small and
 384 medium pelagic stocks in their low stock regimes and can not alternate their states
 385 when the system is perturbed by other environmental parameters (e.g., increasing
 386 fishing mortality rate of the top predator group). Therefore, the optimum choice of r_3
 387 should be around 0.7. The choices of $r_2 > 0.7$ for decreasing r_3 values drastically
 388 reduce the small pelagic stock abundance at the expense of a compensatory increase
 389 in the abundance of medium pelagics. The predicted small pelagic stock size is $F_1 \sim$
 390 26 (1300 ktons) for $r_2 = 0.5$ and ~ 16 (800 ktons) for $r_2 = 0.7$ (Fig. 3a). Thus, the
 391 choices of r_2 around 0.6 should predict the small pelagic stock size consistent with
 392 the observations (~ 1100 ktons), and also support the low stock regime of medium
 393 pelagics at the time of abrupt stock increase of small pelagics. The time-dependent
 394 simulations described in the next section provide further examples of stock variations
 395 using various combinations of r_2 and r_3 values between 0.6 and 0.7.

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Response of the system to mortality rates

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The equilibrium characteristics of first phase of the Black Sea fish stocks are also sensitive to the values of top predator mortality rate d_3 . Higher values of d_3 result in the alternation of states; the top predator stock switches to the low equilibrium state and the small and medium pelagic stocks jump into their high equilibrium states at progressively lower thresholds of f_3 . They even permanently reside at the high equilibrium state for $d_3 \geq 0.05$ independent of the value of f_3 . As expected, higher values of d_3 reduce more effectively the top predator stock when it is at the high stock regime (i.e., at low f_3 values). The analysis suggests the optimum choices of d_3 between 0.01 and 0.04.

The model dynamics are altered by the presence/absence of medium pelagics mortality closure term in eq. 2b. In the absence of this term (i.e. $d_2 = 0$), the small and medium pelagic stocks exhibit more dominant low frequency oscillations within the

410 threshold range of f_3 . The period of oscillations is about 31.1 years for $f_3 = 0.40$, 26.6
 411 years for $f_3 = 0.45$, and around 20 years for $f_3 = 0.5$ prior to stabilization of the
 412 solution after 30 years of integration. On the other hand, setting d_2 to a small value
 413 around 0.005-0.01 stabilizes the solution, and this range is adopted in our simulations.
 414 The relatively low values of d_2 are justified because consumption of the medium
 415 pelagic stocks by the top predator group is already included in the model. The present
 416 contribution mainly represents the natural mortality that is as expected to be small for
 417 adult populations.

418
 419

420 **Response of the system to harvesting rates**

421 **Analysis for the first phase:** Having constrained the critical ranges of r_2 and
 422 r_3 , the equilibrium analyses next explore how the first phase of the system responds
 423 to the variations of f_3 . The primary interest is to locate the range of f_3 values which
 424 exhausts the top predator stock and proliferates to the others. Keeping the previous
 425 parameter setting ($\gamma = 2.5$, $K = 40$, $f_1 = 0.25$, $f_2 = 0.30$, $d_2 = d_3 = 0.01$) and letting $r_3 =$
 426 0.7 , equilibrium solutions are obtained for increasing and decreasing f_3 values
 427 between zero to 1.0 at an increment of 0.05 for different r_2 values. As in the previous
 428 case, the small and medium pelagic stocks respond nonlinearly to the top predator
 429 fishing mortality rate variations (Fig. 4a, b). For $f_3 \leq 0.35$, these stocks exist at their
 430 low stock regimes but they flip to the high stock regime at different stock sizes
 431 depending on the value of r_2 when $f_3 \geq 0.4$. The choice of $r_2 = 0.5$ allows only the
 432 small pelagic stock to switch to the high stock regime ($F_1 \sim 28$; 1400 ktons) whereas
 433 the medium pelagic stock remains at its former state ($F_2 \sim 3$; 60 ktons). The choice of
 434 $r_2 \geq 0.9$ permanently gives rise to the low (high) equilibrium state of small (medium)
 435 pelagic stock for the entire range of f_3 (Fig. 4a, b). The choice of $r_2 = 0.7$ switches
 436 both the small and medium pelagic stocks to their high stock regimes at the same
 437 threshold value of f_3 (0.35 - 0.45) and results in a more realistic solution for the Black
 438 Sea. Moreover, setting $r_3 \sim 0.7 \geq r_2$ favours small pelagics to dominate the high
 439 equilibrium state of system with respect to medium pelagics as in the observations
 440 (Fig. 3). The optimum values of r_2 that makes both small and medium pelagic stocks
 441 to change their stable states lay between 0.6 and 0.7. They agree with the former
 442 analysis of stock variations with respect to the consumption rates.

443 At a first glance, the choice of $r_3 \geq r_2$ contradicts with the general view that
 444 smaller fish species consume at a higher rate and grow faster with respect to larger
 445 ones. In the model, the only way that the top predator stock dominates that of
 446 medium pelagics is to have comparable to or slightly greater effective annual
 447 consumption rate of top predators (ktons y^{-1}) on the annual basis. The choice of $r_3 \geq$
 448 r_2 accommodates this effect during low harvesting rate conditions of the first phase.
 449 In reality, the top predator group consumes small pelagics for almost entire year,
 450 whereas the medium pelagic group consumes them most effectively for only a certain
 451 part of the year when young fish species of this group migrate from the neighboring
 452 Aegean and Marmara Seas. Moreover, the stock size of migrating young medium
 453 pelagic species is much smaller than their actual annual standing stock sustained in
 454 the Black Sea and therefore is not explicitly incorporated in the model. This
 455 simplification is verified by the model simulations.

456 Contrary to nonlinear response of f_3 on the small and medium pelagic groups,
 457 the top predator stock displays a linear response (c.f., eq. 1c). It decreases from its
 458 maximum values around 15 (= 300 ktons) for increasing f_3 and vanishes at $f_3 \sim 0.55$

459 (Fig. 4c), which is roughly equal to $\varepsilon_3 r_3$ (i.e., the maximum value of effective growth
 460 rate of the top predator group). The threshold range $f_3 \sim 0.45 - 0.55$ remains the same
 461 for different choices of d_3 or f_1, f_2 .

462 A striking feature of the steady-state solutions is the existence of both single
 463 equilibrium and multiple equilibria of the system for different ranges of f_3 . For $f_3 >$
 464 0.4, the system possesses one stable state for both its increasing and decreasing
 465 values. It is, however, characterized by two alternative stable states for the values f_3
 466 between zero and 0.4 for all choices of r_2 . During the decreasing phase of f_3 , the
 467 stocks do not shift back to their former states; instead they all reside permanently at
 468 their present states. The system thus shows a strong resistance (hysteresis) to the
 469 recovery of top pelagic stock and the collapse of other stock groups under decreasing
 470 f_3 as long as the harvesting rates of the small and medium pelagic groups are small (\sim
 471 0.3). This is indeed a desirable fishery management option. The top pelagic stock
 472 may however recover under different harvesting conditions, an example of which is
 473 described further below.

474 **Analysis for the second phase:** The equilibrium analyses are further
 475 extended to elucidate the form of stock variations under different combinations of
 476 three harvesting rates that likely apply for the second phase of long-term stock
 477 variations (1970-1985) following the first regime shift event. The consumption rates
 478 are set to $r_2 = 0.6$ and $r_3 = 0.7$ as deduced from the previous analysis and the other
 479 parameters are taken as before. Fig. 5a-c display stock variations for both increasing
 480 and decreasing values of f_1 for three different choices of $f_3 = 0.3, 0.5, 0.7$ and two
 481 choices of $f_2 = 0.3, 0.5$. Under low harvesting conditions of the medium and top
 482 predator pelagic groups ($f_2 = 0.3$ and $f_3 = 0.3$), the small and medium pelagic stocks
 483 reside persistently at their low stock regimes for all choices of f_1 (curve 1). They are
 484 however identified by their high stock regime when $f_3 \geq 0.5$ and $f_3 = 0.3$ (curves 2
 485 and 3), as shown previously in Fig. 4a. For $f_3 \geq 0.5$ and increasing f_1 , the small
 486 pelagic stock diminishes first gradually in the high stock regime and then more
 487 steeply during the transition to the low stock regime at the threshold range of $f_1 =$
 488 0.55 - 0.60. Increasing f_1 does not affect stability of high stock state of medium
 489 pelagics up to the threshold value of f_1 . But once the small pelagic stock starts
 490 decreasing for the values of f_1 beyond its threshold, the medium pelagic stock also
 491 alternates gradually to the low stock regime as their growth becomes limited due to
 492 the food shortage (Fig. 5b). The top predator stock, that is in the low stock regime for
 493 $f_3 \geq 0.5$, is subject to a linear decrease for increasing f_1 due to the resource limitation
 494 as well (Fig. 5c).

495 In the case of higher values of f_2 (e.g., 0.5 and 0.7) and f_3 (e.g., 0.7), small
 496 pelagics switch from high to low stock regime along a linear trajectory in response to
 497 weaker predation pressure of the medium pelagic group (curve 4 in Fig. 5a). Small
 498 pelagics can thus maintain a relatively higher stock size as they are simultaneously
 499 harvested but place eventually in the low stock state at $f_1 \sim 0.8$ together with the other
 500 groups (Fig. 5b, c). The entire pelagic stocks collapse at moderate f_2 and f_3 values and
 501 $f_1 \geq 0.8$, as observed in the Black Sea at the end of 1980s prior to the recovery of
 502 small pelagic stock (see the next section for details).

503 **Analysis for the third phase:** For decreasing f_1 (as harvesting conditions of
 504 the small pelagic group are restored to those before the shift), the stocks generally
 505 revert to their previous conditions along the same trajectories (see the curves shown
 506 by broken lines in Fig. 5a-c). The thresholds of f_1 for the forward and backward
 507 transitions are almost the same within the range of 0.5 - 0.6, and the transitions are

508 thus classified as “smooth” regime shifts. For low f_2 and f_3 (~ 0.3), the return
 509 trajectory of small pelagic stock (curve 1) however exhibits unstable oscillations at
 510 high f_1 but the solutions are eventually stabilised prior to the shift to the high
 511 equilibrium state. Similar oscillations also appear for the case of $f_2 = 0.3$ and $f_3 = 0.5$.
 512 The return trajectories of small and medium pelagics follow different paths with
 513 respect to their forward trajectories up to the threshold range of f_1 , but merge with the
 514 forward trajectories once the stocks alternate the states at lower f_1 values. As
 515 discussed below, the solutions for decreasing f_1 describes the conditions of stocks
 516 recovery after the early 1990s.

517 The solutions with decreasing f_1 also display an interesting top predator stock
 518 recovery case that offers an alternative to the previous no-recovery case under low
 519 harvesting conditions of small pelagics $f_1 \sim 0.3$ (Fig. 4c). The recovery case requires
 520 initially relatively high f_1 and f_3 values ($f_1 > 0.6, f_3 \geq 0.5$) that move small pelagics to
 521 their low stock regime at any value of f_2 (curve 1 Fig. 5a, c). Once small pelagics are
 522 settled in the low stock regime and the harvesting rate of top predators is low ($f_3 \sim$
 523 0.3), reduction in f_1 does not alter the state of small pelagics but promote the top
 524 predator stock to flip into the high stock regime. Progressively lower f_1 values give
 525 rise to higher stock size of top predators.

526

527

TIME-DEPENDENT STOCK VARIATIONS

528 Having identified the optimum ranges of critical model parameters and the
 529 underlying dynamics of precipitous stock variations by the steady-state analysis,
 530 three groups of time-dependent simulations are presented next to describe the
 531 progression of stocks under temporally varying harvesting conditions. The first group
 532 shows how the observed catch variations can be simulated as closely as possible
 533 within the framework of this simplified model. The second group highlights a
 534 dynamically different stocks progression under somewhat different temporal
 535 variations of the top predator harvesting rate. The third group of experiments offers
 536 alternative stocks development scenarios within the next two decades.

537

538

Simulations of observed stock and catch variations

539 **Parameter setting:** Among large number of prognostic simulations only three
 540 almost identical ones, which are consistent with the available observations, are
 541 presented here. The values of r_i and d_i ($i = 2, 3$) are given in Table 2 and other
 542 parameters are taken as before; $\gamma = 2.5$, $a_1 = 0.7$, $a_2 = 0.3$, $\varepsilon_1 = \varepsilon_2 = 0.7$. The time
 543 integration of model starts from the initial state at 1960 and continues for 40 years
 544 (36 nondimensional time units) until 1999. The initial state is described by low
 545 stocks of the small and medium pelagic groups at $F_1 = F_2 = 3.0$ (150 and 60 kttons,
 546 respectively), and high stock of the top predator group at $F_3 = 10.0$ (200 kttons). The
 547 carrying capacity increases linearly by 1980 from its constant value of 40 (2000
 548 kttons) up to 50 (2500 kttons) in 1985 and retains this value until 1993. Its 20 %
 549 increase during the period of intense fishing represents the concomitant higher
 550 resource availability from the lower trophic level in conjunction with the nutrient
 551 enrichment and more intense plankton production in the Black Sea during the 1980s
 552 (c.f., Fig’s 2 and 3 in Oguz & Gilbert 2007). It helps to sustain the high stock regime
 553 of small pelagics somewhat longer during the early 1980 at the time of most intense
 554 stock exploitation. Otherwise, the small pelagic stock would start decreasing earlier

555 and wouldn't be able to support high catches observed during the 1980s. Starting by
 556 1993, the carrying capacity reduces linearly to its original value in 1999 in
 557 accordance with the decreasing trend of observed phytoplankton production.

558 **Specification of harvestion rates:** The temporal variation of small pelagic
 559 fishing mortality rate resembles the one given by Daskalov et al. (2006) with some
 560 adjustments (Fig. 6). It attains fairly stable values of $f_1 \sim 0.3$ up to 1978, increases
 561 linearly to 0.95 in 1986 and then declines first steeply to 0.6 in 1990 and then more
 562 gradually to 0.3 in 1999. Temporal variations of other fishing mortality rates are
 563 adjusted, in an idealized sense without introducing too many details, to the observed
 564 catch values. The medium pelagic fishing mortality rate retains a low steady value of
 565 0.3 up to 1982 and varies similarly to f_1 afterwards; it first increases up to 0.95 in
 566 1989, then decreases to 0.4 in 1994 and keeps this value for the rest of simulation
 567 period (Fig. 6). The fishing mortality rate of top predator group alters between 0.4
 568 and 0.7 during 1964-1970 and remains constant afterwards (Fig. 6). Setting $f_3 = 0.7$
 569 allows a relatively higher small pelagic stock prediction as indicated by the
 570 equilibrium analysis (Fig. 5a), but the solutions are not overly sensitive to its exact
 571 choice as long as it is above the threshold value of about 0.5.

572 **Temporal variation of stocks:** The simulated stock and catch variations are
 573 depicted in Fig. 7 and Fig. 8, respectively. The small pelagic stock possesses three
 574 distinct successive transitions between its low regime (< 350 ktons) and high regime
 575 (> 950 ktons) (Fig. 7a). The first transition (TR1) comprises the period from 1969 to
 576 1973, during which the small pelagic stock switches to the high stock regime (HSR).
 577 Consistent with the former equilibrium analyses, the shift occurs at the large pelagic
 578 fishing mortality threshold rate of $f_3 \sim 0.5$ at which the top predator stock drops below
 579 40 ktons (Fig. 7c). Upon increasing f_3 to 0.7, the top predator stock decreases further
 580 and vanish by the mid-1970s that coincides with the transition of small pelagics from
 581 the low to high stock regime (Fig. 4a-c). The harvesting rates of small and medium
 582 pelagics during the transition are $f_1 = 0.32 - 0.35$ and $f_2 = 0.3$, respectively.

583 The transition of medium pelagic stock from the low stock regime (< 60 ktons)
 584 to the high stock regime (> 180 ktons) follows that of small pelagics with some time
 585 lag (Fig. 7b). It also starts at the same threshold value of top fishing mortality rate (f_3
 586 ~ 0.5) during the late 1960s. It is initially a slow process during 1970-1975 at the time
 587 of rapid increase of small pelagic stock. Once this shift is completed, the medium
 588 pelagic stock more rapidly alternates its state during the second half of the 1970s.

589 The complementary steady-state analysis of the model, performed using the
 590 parameter values of first simulation in Table 2, further elucidates dependence of TR1
 591 to the harvesting rates of small and medium pelagic groups. According to the
 592 equilibrium analysis (Fig. 9a), the small pelagic stock remains permanently in the low
 593 stable state for $f_2 = 0.2$ (not shown). The choices of $f_2 \geq 0.4$, on the other hand, keep
 594 the medium pelagics permanently in the low stock state for all values of f_1 (Fig. 9b).
 595 The only favourable ranges of f_1 and f_2 that must accompany the f_3 threshold rate \sim
 596 0.55 for the existence of transition TR1 of small and medium pelagics to their high
 597 stock regimes appear to be $f_2 < 0.4$ and $f_1 \leq 0.4$. The values of $f_1 = 0.32 - 0.35$ and f_2
 598 $= 0.3$ used in the time-dependent simulations during the transition TR1 are
 599 compatible with the ranges provided by the equilibrium analysis. These ranges of f_1
 600 and f_2 will also alternate the medium pelagic stock to its high equilibrium state (Fig.
 601 9b).

602 The HSR of small pelagics persists until 1982, after which the second transition
 603 (TR2) during 1983 - 1986 brings the stock back to its low stock regime (LSR). TR2
 604 initiates at $f_1 \sim 0.6$ that again is in harmony with the equilibrium analysis (curve 4 in
 605 Fig. 5a). Above this threshold value of f_1 , the small pelagic stock is continually
 606 depleted at the expense of maintaining a steady catch level around 600 ktons (Fig.
 607 8a). As the stock approaches to the low stock regime at higher values of f_1 , the catch
 608 then drops dramatically to ~ 150 ktons within few years.

609 Prior to their collapse, small pelagics can temporally support medium pelagics
 610 to sustain their high stock level up to 250 ktons until 1985 under relatively low
 611 fishing mortality rates around $f_2 \sim 0.3 - 0.4$ (c.f., Fig. 9b). Thereafter, as the fishing
 612 mortality rate f_2 exceeds 0.6 and food supply from small pelagics reaches a critical
 613 level following the collapse of their stock, the medium pelagic stock starts declining
 614 within the high stock regime and finally switches back into the low stock regime
 615 during 1988 - 1989 concurrently with small pelagics (Fig. 7b). At $f_2 \sim 0.6$, the catch
 616 becomes as high as 120 ktons and then drops abruptly to less than 60 ktons (Fig. 8b)
 617 as the stock tends to approach the low stock regime. Thereafter, the medium pelagic
 618 stock remains within the low stock regime until the end of simulation period for
 619 decreasing fishing mortality rate to 0.4.

620 The LSR of small pelagics lasts only for four years. Once its fishing mortality
 621 rate reduces below the threshold value of 0.6 by 1993, the stock starts increasing
 622 gradually (the third transition, TR3) and moves into the high stock regime at 1998
 623 when $f_1 < 0.6$ and $f_2 \sim 0.4$. As suggested by the equilibrium analysis (see the broken
 624 lines representing the return trajectories for decreasing f_1 in Fig. 9a-c), the crucial
 625 factor which promotes the switch is the specific choice of f_2 values during the
 626 transition. The values $f_2 \sim 0.4$ support the increase in F_1 when $0.45 < f_1 < 0.60$ and
 627 keeps F_2 depleted (curve 4 in Fig. 9a, b), which is the case in the time-dependent
 628 simulations (Fig. 7b). The smaller values of f_2 shift F_1 to the high stock regime at
 629 lower f_1 threshold values. It also shifts F_2 to high stock regime and thus would be a
 630 better stock recovery option for the small and medium pelagic stocks as further
 631 studied in the next subsection.

632

633

Comparison with observations

634 When simplicity of the model bears in mind, it reproduces adequately all major
 635 features of the multi-decadal fish stock and catch variations. Contrary to a prolonged
 636 high stock phase up to 1987 in the data (Fig. 7a) the small pelagic stock however
 637 starts decreasing by the early 1980s. One possible explanation for the difference is the
 638 composite representation of anchovy and sprat stocks in the model. According to the
 639 data (c.f., Fig. 11 and 12 in Oguz et al. 2006), the anchovy stock declines by the early
 640 1980s whereas the sprat stock that is less commercial and thus less exploited retains
 641 its high stock level somewhat longer. This difference is reflected in the total stock
 642 estimate data (Fig. 7a) by a short-term peak at 1986-1987. Because the temporal
 643 variations of fishing pressure, f_1 , was primarily set to that of anchovy in the model
 644 (since its catch was predominant), the total small pelagic stock variations follow more
 645 closely to those of the anchovy. Nevertheless, an extended high stock regime can be
 646 reproduced under somewhat lower fishing mortality rates of small pelagics. But, in
 647 this case, the total catch is underestimated by the model.

648 The difference in sprat and anchovy stock fluctuations may be partly related to
 649 the climate-induced changes impacted on their temperature dependent growth
 650 characteristics. Sprat is a cold water species spawning in autumn and winter months.
 651 Sprat abundance and growth are therefore expected to be more favourable during the
 652 cold years such as in the mid-1980s known to be the coldest period of previous
 653 century in the Black Sea (Oguz et al. 2006). A separate modeling of the anchovy and
 654 sprat stocks together with their temperature-controlled growth parameterizations may
 655 provide a more realistic total small pelagic stock estimate.

656 The simulations predict depletion of top predators by the mid-1970s whereas a
 657 low level catch was always maintained in the data (Fig. 8a). The difference likely
 658 arises due to an idealized (i.e., temporally uniform) specification of the top predator
 659 mortality rate ($f_3 = 0.7$) until the end of simulation period. As depicted in Fig. 4c and
 660 5c, setting $f_3 \sim 0.5$ could be a more realistic choice but, in this case, the small pelagic
 661 stock and catch would be underestimated to some extent (c.f., Fig. 5a). Nevertheless,
 662 the difference between the observed and computed catches is not critical in terms of
 663 model dynamics and does not alter the interpretations.

664

665 **Long-term stock variations under different harvesting conditions**

666 The previous simulations keep the top predator fishing mortality rate uniform at
 667 the value of 0.7 after 1970. An interesting and notably different stocks organisation
 668 develops if the top predator fishing pressure reduces after the depletion of its stock.
 669 The simulation described here reports the case when f_3 decreases from 0.7 at 1976 to
 670 0.2 at 1981 and retaining this value afterwards (see the broken lines in Fig. 6). The
 671 top predator stock then recovers partially around 80 ktons (Fig. 7c) at the expense of
 672 diminishing small and medium pelagic stocks (Fig. 7a, b). The system, therefore,
 673 changes drastically by reverting back to the pristine conditions. The increase in the
 674 top predator stock size under low f_3 was made possible by simultaneous decrease in f_1
 675 from its high to moderate values and the low stock size of small pelagics. As
 676 described before, the equilibrium solution shown by the curve 1 in Fig. 5c is
 677 consistent with this case and suggest that a linear increase in F_3 up to ~ 4 (80 ktons) is
 678 possible when $f_3 = 0.2$, $f_2 \sim 0.2 - 0.3$ and f_1 decreases to ~ 0.5 from its higher values.

679

680 **Interpretation of stock variations in terms of regime shifts**

681 The time-dependent simulations performed by using two alternative settings of
 682 the top predator harvesting rate reveal considerably different stock progression events
 683 and associated regime shift dynamics. For the simulations of observed stock
 684 variations, the small pelagic stock (F_1) and the top predator stock (F_3) versus f_1 and f_3
 685 plots (Fig. 10a, b) display a rapid rise of the small pelagic stock from its low to high
 686 stock regime (TR1) at constant $f_1 \sim 0.3$ and increasing f_3 from 0.4 to 0.7 and vice
 687 versa for the top predator stock. The second transition (TR2) occurs along constant f_3
 688 ~ 0.7 and for increasing f_1 as evident by the gradual decrease of F_1 and low values of
 689 F_3 . The stocks are always characterized by single equilibrium state on both sides of
 690 these threshold harvesting rates and thus the TR1 and TR2 represent the smooth
 691 regime shifts. On the other hand, the simulation with the alternative top pelagic
 692 harvesting rate reveals multiple equilibria and alternative stable states for $0.2 < f_3 <$
 693 0.7 and $0.3 < f_1 < 0.6$ for the small pelagic stock and $0.3 < f_1 < 0.9$ for the top pelagic

694 stock (Fig. 11a, b). The low and high stock states thus alternate through the
695 discontinuous regime shifts.

696

697

Future stock assessment scenarios

698 Motivated by the performance of the model for reproducing the long-term
699 observed stock and catch variations, model simulations are further used to assess
700 possible stock distributions under different harvesting conditions during the next two
701 decades (1999 - 2019). The parameter values are retained as in the hindcasting mode
702 implying that the internal conditions of the system will remain unchanged.
703 Admittedly, this assumption may not be entirely realistic. Te changes in the life
704 history traits, habitat alteration, changes in species assemblages, genetic changes
705 (e.g., reduction in growth of overfished populations) as well as the environmental
706 conditions (e.g., resource availability, food competition with gelatinous species,
707 climate) may alter the community dynamics and influence the recovery process
708 (Conover & Munch 2002, Hutchings & Reynolds 2004). Nevertheless, the
709 assessment of future stock variations under different harvesting scenarios alone may
710 still be instructive for fishery management strategies that can mitigate or reverse
711 stock depletion.

712 The first scenario of likely stock variations during 1999 - 2019 involves
713 keeping the harvesting rates of small pelagics steady at three different values: $f_1 = 0.3$,
714 0.5 and 0.7, and taking the others same as in the 1990s (i.e., $f_2 = 0.3$, $f_3 = 0.7$). The
715 model integration starts at 1960 and continues up to 2019. For $f_1 = 0.3$, the small
716 pelagic stock will tend to increase up to 1500 ktons within the first five years and
717 remains steady afterwards (Fig. 12a) implying its stabilisation in the HSR. The
718 medium pelagic stock also recovers up to 150 ktons within the next 20 years (Fig.
719 12b). Reduction in the harvesting rate of medium pelagics to 0.2, on the other hand,
720 helps building up their stock gradually up to about 500 ktons (Fig. 12b) with a
721 compensatory reduction in the small pelagic stock to 1000 ktons (Fig. 12a). Then,
722 both small and medium pelagics will be in their HSRs. Under this scenario, the top
723 predator stocks will remain depleted and small pelagics will continue to play the main
724 predator role in the food web. Higher choice of f_1 (e.g. 0.5) will cause a continuous
725 depletion of small pelagic stock from 1000 to 200 ktons within 20 years (Fig. 12a),
726 while the medium pelagic stock increase linearly up to 500 ktons (Fig. 12b). The
727 choices of $f_1 \sim 0.3$ and $f_2 \sim 0.25$ appears to be the most appropriate for keeping both
728 groups in their high stock regime towards the end of next decade. The top predator
729 stock may gradually build up if their harvesting rate reduces to 0.1. This recovery
730 will, however, take place at the expense of small pelagic stock and is not a desirable
731 stock development; the preferred one is to have balanced stocks of small and medium
732 pelagics whereas keeping the top predator stock at relatively low level.

733

734

CONCLUSIONS

735

736 Using a three trophic level predator-prey model, this study puts the long-term
737 (1960-1999) pelagic fish catch observations into a dynamical framework and
738 simulates temporal variations of small, medium and large predatory pelagic fish
739 stocks. The other issues addressed are to explore dynamical response of the system to

740 simultaneous changes in the harvesting rates and to assess their optimum conditions
741 for sustainable yield of stocks. Understanding likely response of the pelagic fish
742 stocks to over-exploitation constitutes an integral part of the efforts for elucidating
743 the mechanisms that govern the long-term organisation of Black Sea ecosystem under
744 different environmental factors.

745 The equilibrium analyses suggest different stock arrangements for different
746 combinations of the consumption and harvesting rates. The parameter values which
747 best describe the observed characteristics of stocks before and after 1970 are
748 determined among these possible alternatives. The appropriate parameter values are
749 then implemented to the time-dependent simulations to predict the stock changes
750 compatible with the available catch data. In essence, the modelling approach
751 combines both steady-state and time dependent dynamics to arrive at a unified
752 understanding of the mechanisms controlling the long-term fish stocks in the Black
753 Sea. A through analysis of the equilibrium characteristics of the system under
754 different parameter settings are useful to understand many structural details of the
755 stocks progression described by the time-dependent dynamics and offers more
756 realistic specification of the harvesting rate variations in the time-dependent
757 simulations.

758 The model analysis supports marked changes of the stocks after 1970
759 conjectured by the catch data. These changes were controlled primarily by
760 simultaneous variations of the esting rates. The harvesting rate of small pelagics
761 regulates the entire stocks through the changes in resource availability (bottom-up
762 control). Similarly, the harvesting rate of top pelagics changes the top predator stock
763 size that then alters the trophic cascade (top-down control). Their simultaneous
764 changes introduce even more complex simultaneously operating top-down and
765 bottom-up controls within the higher trophic level and thus more complex dynamics
766 of stock changes.

767 The pristine system prior to excessive harvesting of the stocks is dominated by
768 large predatory group whose sufficiently strong predation pressure maintained
769 smaller species at their low population densities. This state of the system then shifted
770 to an opposite one once the harvesting rate of top predator group exceeded its critical
771 threshold (~ 0.5) and the harvesting rates of other groups were low (~ 0.3). The new
772 state was populated by small and medium pelagics whereas the top predator stock
773 remained depleted. The system was disturbed subsequently by the changes in
774 harvesting conditions of small and medium pelagics. The small and medium pelagic
775 stocks shifted simultaneously from their high to the low stock states when their
776 harvesting rates exceeded the critical value of 0.6. The small pelagic stock then
777 shifted back again to the high stock state at the same threshold during the decreasing
778 mode of its harvesting rate. The medium pelagic stock however stayed in the low
779 stock regime for its harvesting rate around 0.4. The low stock regime of top predators
780 remained unaltered after 1970 since their harvesting rates persisted above the
781 threshold. All these stock arrangements represent different forms of single
782 equilibrium state of the system and occur through smooth regime shifts. It is also
783 shown that the top predator stock could shift back to the high stock state under a
784 different threshold combination of the harvesting rates (e.g., $f_1 > 0.5$, and $f_2, f_3 \leq$
785 0.3) and the system would then possess multiple equilibria and discontinuous regime
786 shifts.

787 In addition to the changes in harvesting rates, the changes in the consumption
788 rate parameters (r_2 and r_3) of the medium and top predator groups may also alternate
789 the states. Their values, however, are not likely subject to large temporal variations
790 and therefore they are kept constant throughout the simulation period. The
791 appropriate choice of their values is critical for the simulation of observed stock and
792 catch variations. Their slightly different choices give rise to different stock
793 arrangements which are inconsistent with the observations.

794 The Black Sea highest trophic level is characterized by a relatively simple
795 structure (controlled by small pelagics) after the early 1970s and represents a marked
796 example of fishing down effect. The present level of small pelagic stock is likely
797 maintained if their harvesting rate is retained around 0.5 during the next decade. The
798 medium pelagic stock may, however, build up slowly if their harvesting rate is kept
799 steady around 0.2 - 0.3. Building up of the top predator stock is even more challenge
800 and requires maintaining their harvesting rate as low as 0.1. But, in this case, the
801 small pelagic stock must reduce considerably because the small pelagic and top
802 predator groups can not co-exist at the same stable state under the present parameter
803 setting. Considering a great economical value of anchovy for the region, the best
804 management option seems to sustain balanced stocks of small and medium pelagics
805 by harvesting them below their critical rates and leave the top predator stock
806 depleted.

807 An important implication of the stock assessment simulations is the
808 significance of a multi-species dynamical approach for fisheries management due to
809 the nonlinear response of different stocks to the harvesting rates of different groups as
810 well as other environmental conditions. The classical single-species approach that
811 ignores species and/or community interactions and maximizes the catch of a single
812 target species / group would not be entirely adequate for managing sustainable
813 utilization of future stocks. This assertion was tested by simplifying the model to the
814 form of a prey-consumer system and a prey system alone and by prescribing the
815 predator stocks from one of the simulations shown in Fig. 7. The reduced models
816 were able to reproduce stock variations of the fully-coupled model only partially
817 when the harvesting rate variations are adopted directly. The reconstruction of stock
818 variations consistent with those provided by the full model was only possible when
819 the harvesting rate variations were modified to some extent. The discrepancy between
820 the harvesting rates of reduced and full models may be considered to reflect the
821 difference between single and multi-species approach.

822 The present study highlights how a simple model, when carefully tuned, may
823 provide detailed information on the dynamics of fish stocks and realistically
824 reproduce the observations. In essence, the model dynamically reconstructs
825 unobserved properties of the system by making use of limited data set. It forms a
826 basis for studying more complex systems involving anchovy and sprat populations as
827 two independent resource groups, impacts of climate-induced fluctuations, and more
828 proper representation of the enrichment effect (increasing carrying capacity)
829 associated with intense eutrophication.

830

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926 **Figure Captions**

927 Figure 1. Long-term catch variations of dolphins (DOL), demersals (DEM), large
 928 pelagics (LP), medium pelagics (MP), and small pelagics (SP) during 1950-2003. The
 929 original data are smoothed using 5 point Gaussian filter. The abscissa on the left
 930 shows catch values for the small pelagic group, and on the right for the other groups.

931 Figure 2. The sum of top predator (dolphins and large pelagics) and demersal catches
 932 versus the total catch of small and medium pelagics showing two distinct modes of
 933 the Black Sea fish populations before and after 1970.

934 Figure 3. Relative stock biomass versus top predator consumption rate variations
 935 obtained from the equilibrium solution of the model for (a) small pelagic, (b) medium
 936 pelagic and (c) top predator groups for both increasing (continuous lines) and
 937 decreasing (broken lines) values of r_3 and different choices of the medium pelagic
 938 consumption rate $r_2=0.5$ (circles), $r_2=0.7$ (squares), $r_2=0.9$ (stars). The stock curves
 939 for $r_2 > 0.9$ are the same with those of $r_2=0.9$ and therefore are not shown. The peaks
 940 shown in (c) correspond to limit cycle solutions of the model. For the sake of clarity,
 941 the symbols are not shown for the solutions for decreasing r_3 values.

942 Figure 4. Relative stock biomass versus top predator fishing mortality rate variations
 943 obtained from the equilibrium solution of the model for (a) small pelagic, (b) medium
 944 pelagic and (c) top predator groups for both increasing (continuous lines) and
 945 decreasing (broken lines) values of f_3 and for different values of the medium pelagic
 946 consumption rates; $r_2=0.5$ (circles), $r_2=0.7$ (triangles), and $r_2=1.0$ (squares). For the
 947 sake of clarity, the symbols are not shown for the solutions for decreasing f_3 values.

948 Figure 5. Relative stock biomass versus small pelagics fishing mortality rate
 949 variations obtained from the equilibrium solution of the model for (a) small pelagic,
 950 (b) medium pelagic, and (c) top predator groups for different choices of the medium
 951 pelagic and top predator fishing mortality rates; $f_2=0.3$ and $f_3=0.3$ (curve 1), $f_2=0.3$
 952 and $f_3=0.5$ (curve 2), $f_2=0.3$ and $f_3=0.7$ (curve 3), and $f_2=0.5$ and $f_3=0.7$ (curve 4). The
 953 continuous (broken) lines represent stock variations for increasing (decreasing) f_1 .

954 Figure 6. Temporal variations of the fishing mortality rates for the small pelagic
 955 group (f_1 , circles), medium pelagic group (f_2 , squares), and top predator group (f_3 ,
 956 stars) used in the simulations of observed stock variations. The broken line represents
 957 the alternative fishing mortality rate variation for the top predator group used to show
 958 possible recovery of the top predator stock.

959 Figure 7. Temporal variations of relative stock biomass for the (a) small pelagic
 960 group, (b) medium pelagic group, (c) top predator group using the parameter values
 961 given in Table 2; those with squares correspond to the simulation number 1, triangles
 962 to number 2, and stars to number 3. The dash lines represent the results of the fourth
 963 simulation using the alternative fishing mortality rate variations for the top predator
 964 group. The curve with circles in (a) represent the small pelagic stock variation
 965 estimated by Daskalov et al. (2006).

966 Figure 8. Temporal variations of catches for the (a) small pelagic group (SP), (b)
 967 medium pelagic group (MP), (c) top predator group (TP) using the parameter values
 968 given in Table 2; the curves with squares correspond to the simulation number 1,
 969 triangles to number 2, and stars to number 3. The continuous curves represent the
 970 observed catch variations.

971 Fig. 9. Relative stock biomass versus small pelagics fishing mortality rate variations
972 obtained from the equilibrium solution of the model for (a) small pelagic, (b) medium
973 pelagic groups and the parameter values of first simulation in Table 2. The solutions
974 are presented for $f_3 = 0.7$ and four different choices of the medium pelagic fishing
975 mortality rate; $f_2 = 0.25$ (curve 1), $f_2 = 0.28$ (curve 2), $f_2 = 0.3$ (curve 3), and $f_2 = 0.4$
976 (curve 4). The continuous (broken) lines represent stock variations for increasing
977 (decreasing) f_1 .

978 Figure 10. Relative small pelagic stock biomass (circles) and top predator stock
979 biomass (squares) versus the fishing mortality rate variations of (a) small pelagic
980 group, (b) top predator group for the simulation number 1 in Table 2. Broken lines
981 represent the threshold values of stocks.

982 Figure 11. Relative small pelagic stock biomass (circles) and top predator stock
983 biomass (squares) versus the fishing mortality rate variations of (a) small pelagic
984 group, (b) top predator group for the simulation with the alternative top predator
985 fishing mortality rate variations shown in Fig. 6 by broken lines. Broken lines
986 represent the threshold values of stocks.

987 Figure 12. Prediction of (a) small pelagic, (b) medium pelagic stock biomass during
988 1999-2019 under three different settings: $f_1 = 0.3$ and $f_2 = 0.3$ (circles), $f_1 = 0.3$ and f_2
989 $= 0.2$ (squares), and $f_1 = 0.5$ and $f_2 = 0.2$ (triangles).

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992

993 Table 1. Nondimensional parameters and their values used in the simulations.

Nondimensional parameters	Dimensional Parameters	Range of nondimensional parameter values used in the simulations
K	K_1/K_2	40-50 (time dependent)
r_2	R_2/R_1	0.5-0.7
r_3	R_3/R_1	0.7
d_2	D_2K_3/R_1	0.0-0.01
d_3	D_3K_3/R_1	0.01-0.04
f_i	f_i^*/R_1	0.25-0.90 (time dependent)
γ	K_2/K_3	2.5
F_1	S_1/K_2	Predicted
F_2	S_2/K_3	Predicted
F_3	S_3/K_3	Predicted

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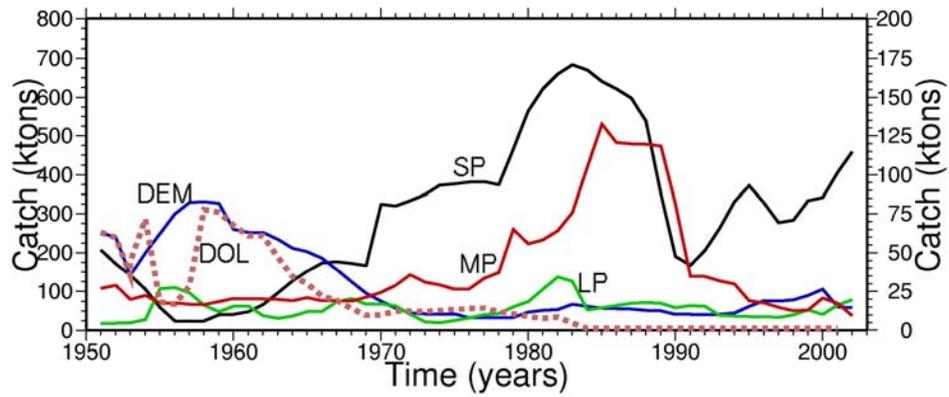
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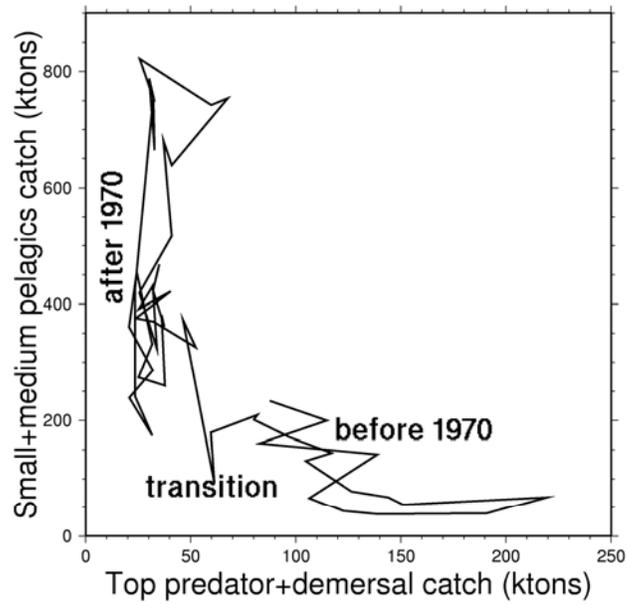
997 Table 2. Nondimensional parameter values of the consumption and natural mortality
998 rates used in three long-term simulations of observed stock and catch variations.

999

Simulation number	r_2	r_3	D_2	d_3
1	0.62	0.7	0.005	0.04
2	0.65	0.6	0.007	0.04
3	0.65	0.68	0.01	0.03

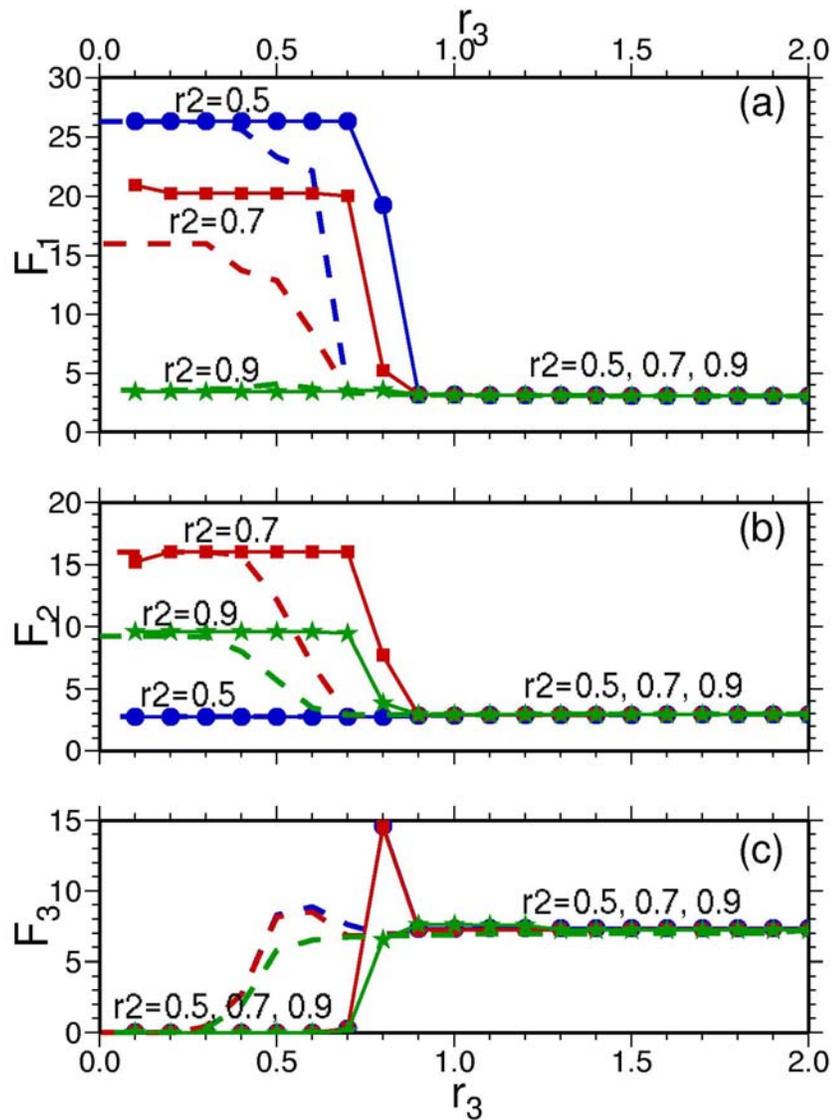


1000 Fig. 1. Long-term catch variations of dolphins (DOL), demersals (DEM), large
 1001 pelagics (LP), medium pelagics (MP), and small pelagics (SP) during 1950-2003. The
 1002 original data are smoothed using 5 point Gaussian filter. The abscissa on the left
 1003 shows catch values for the small pelagic group, and on the right for the other groups.
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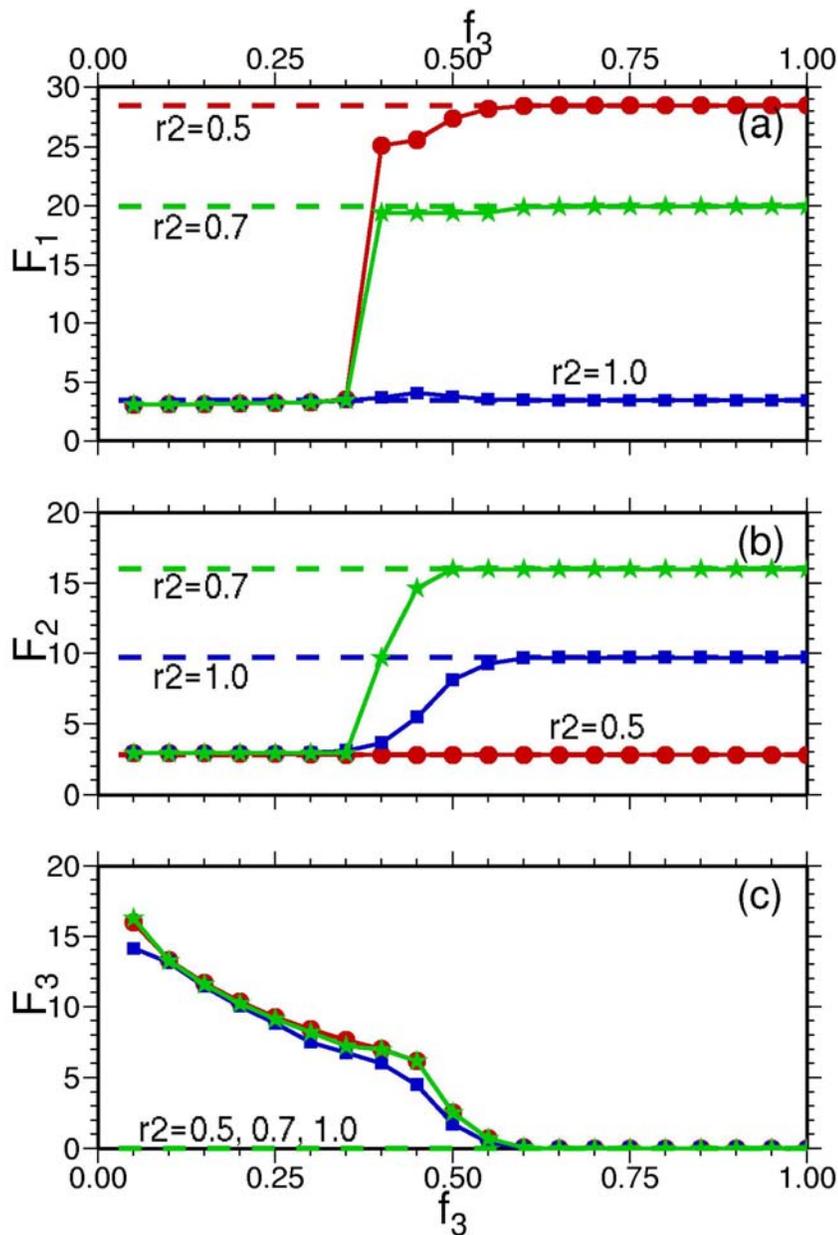
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1006 Fig. 2. Total catch of top predators (dolphins and large pelagics) and demersals
1007 versus total catch of small and medium pelagics showing two distinct modes of the
1008 Black Sea fish populations before and after 1970.



1009 Fig. 3. Relative stock biomass versus top predator consumption rate variations
 1010 obtained from the equilibrium solution of the model for (a) small pelagic, (b) medium
 1011 pelagic and (c) top predator groups for both increasing (continuous lines) and
 1012 decreasing (broken lines) values of r_3 and different choices of the medium pelagic
 1013 consumption rate $r_2=0.5$ (circles), $r_2=0.7$ (squares), $r_2=0.9$ (stars). The stock curves
 1014 for $r_2 > 0.9$ are the same with those of $r_2=0.9$ and therefore are not shown. The peaks
 1015 shown in (c) correspond to limit cycle solutions of the model. For the sake of clarity,
 1016 the symbols are not shown for the solutions for decreasing r_3 values.

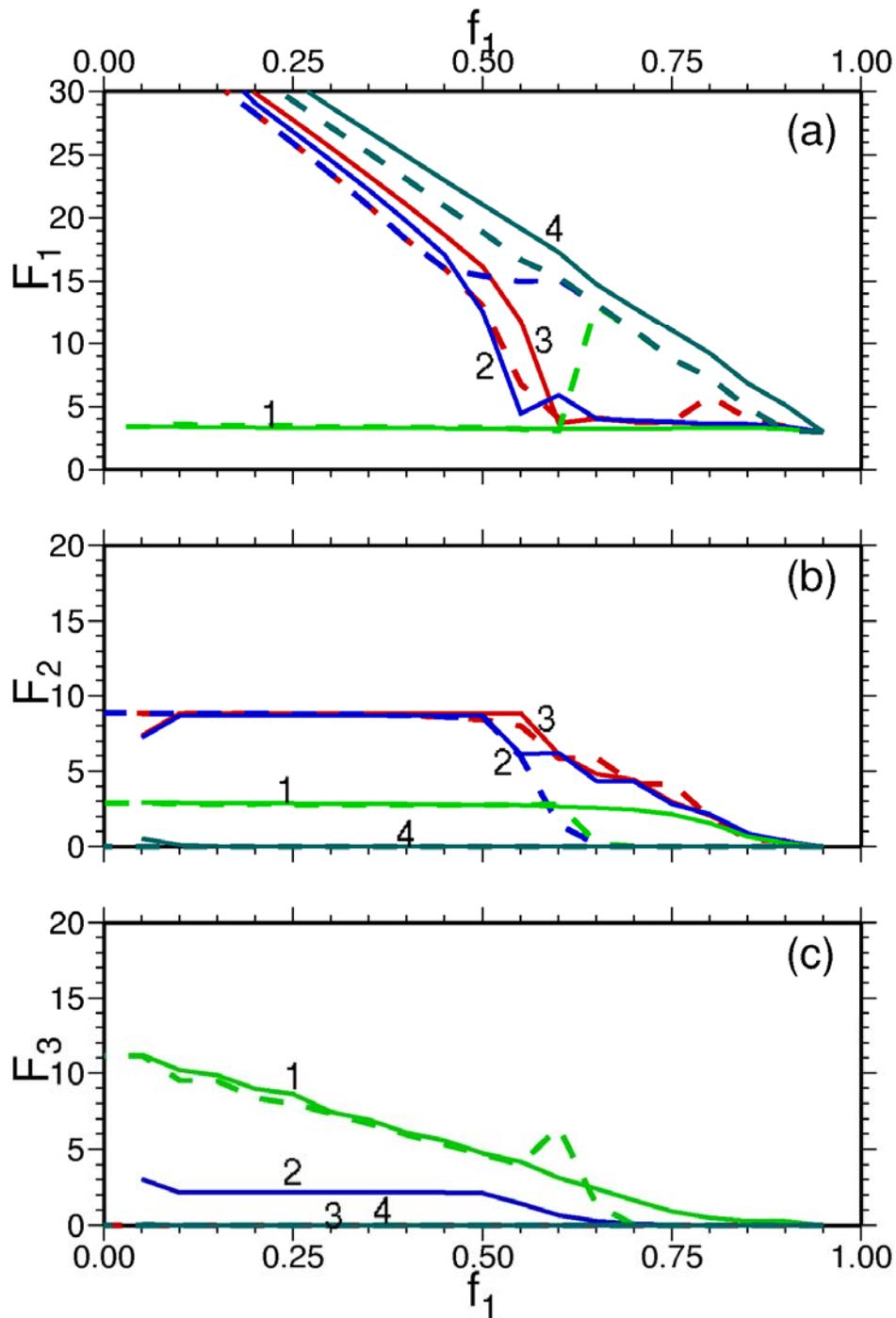
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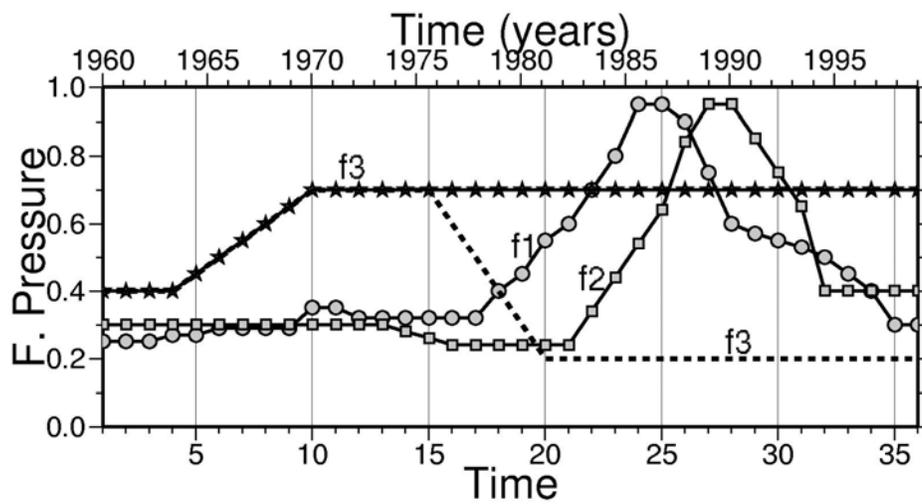
1018 Fig. 4. Relative stock biomass versus top predator fishing mortality rate variations
 1019 obtained from the equilibrium solution of the model for (a) small pelagic, (b) medium
 1020 pelagic and (c) top predator groups for both increasing (continuous lines) and
 1021 decreasing (broken lines) values of f_3 and for different values of the medium pelagic
 1022 consumption rates; $r_2=0.5$ (circles), $r_2=0.7$ (triangles), and $r_2= 1.0$ (squares). For the
 1023 sake of clarity, the symbols are not shown for the solutions for decreasing f_3 values.

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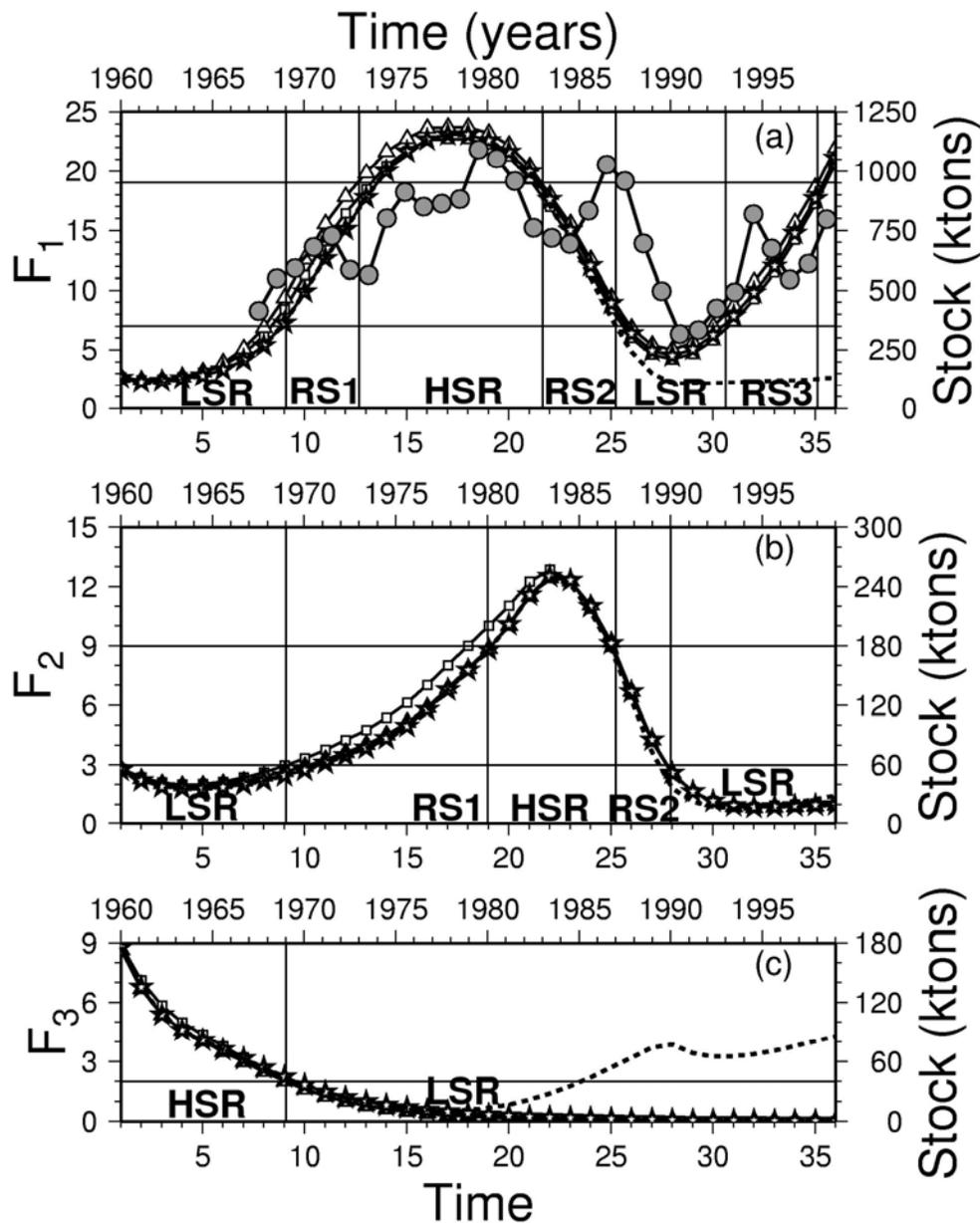


1026 Fig. 5. Relative stock biomass versus small pelagics fishing mortality rate variations
 1027 obtained from the equilibrium solution of the model for (a) small pelagic, (b) medium
 1028 pelagic groups and for different choices of the medium pelagic and top predator
 1029 fishing mortality rates; $f_2=0.3$ and $f_3=0.3$ (curve 1), $f_2=0.3$ and $f_3=0.5$ (curve 2), $f_2=0.3$
 1030 and $f_3=0.7$ (curve 3), and $f_2=0.5$ and $f_3=0.7$ (curve 4). The continuous (broken) lines
 1031 represent stock variations for increasing (decreasing) f_1 .

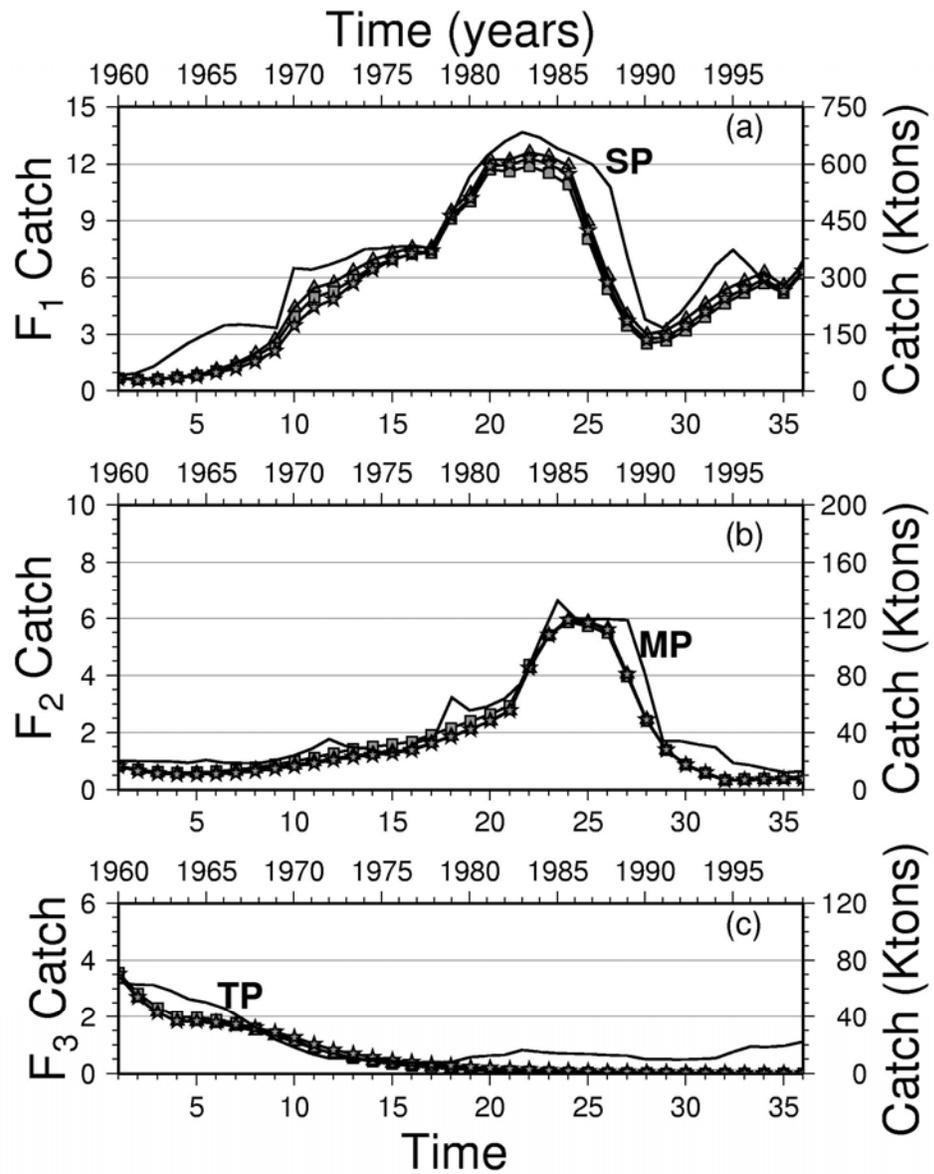


1032 Fig. 6. Temporal variations of the fishing mortality rates for the small pelagic group
 1033 (f_1 , circles), medium pelagic group (f_2 , squares), and top predator group (f_3 , stars)
 1034 used in the simulations. The broken lines represent the alternative fishing mortality
 1035 rate variation for the top predator group used to show possible recovery of the top
 1036 predator stock.

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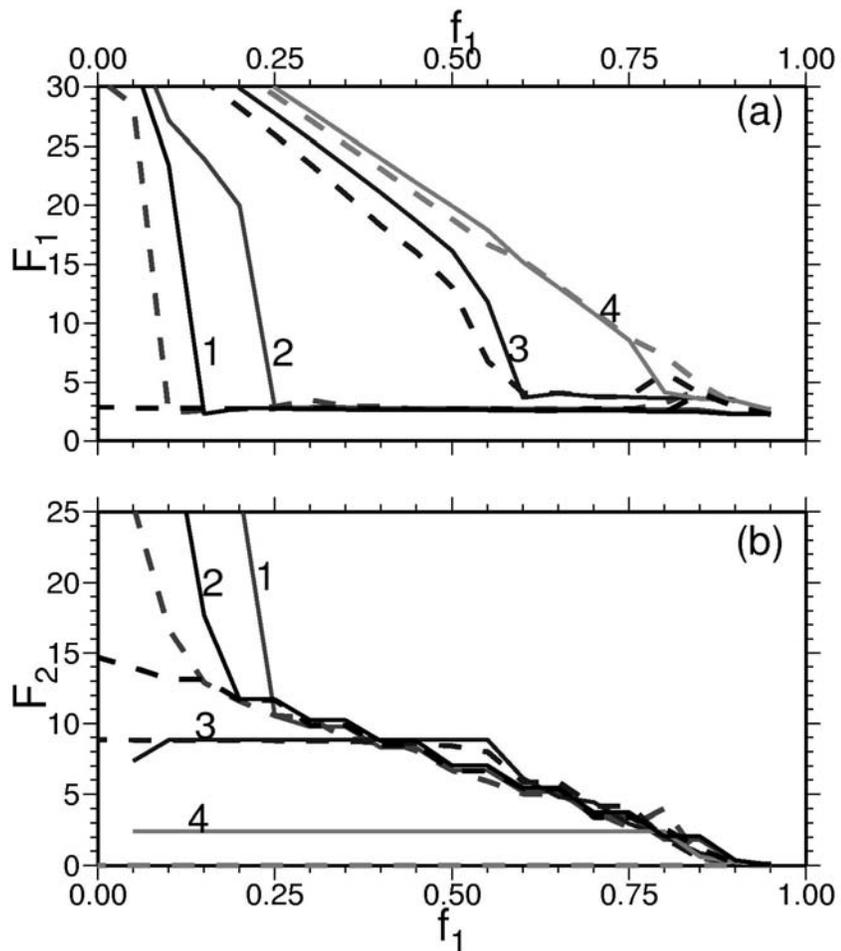
1038
 1039 Fig. 7. Temporal variations of stocks for the (a) small pelagic group, (b) medium
 1040 pelagic group, (c) top predator group using the parameter values given in Table 2;
 1041 those with squares correspond to the simulation number 1, triangles to number 2, and
 1042 stars to number 3. The dash lines represent the results of the fourth simulation using
 1043 the alternative fishing mortality rate variations for medium and top predator groups
 1044 used to test possible recovery of these two groups within the 1990s. The curve with
 1045 circles in (a) represent the small pelagic stock variation estimated by Daskalov et al.
 1046 (2005).



1047
 1048 Fig. 8. Temporal variations of catches for the (a) small pelagic group (SP), (b)
 1049 medium pelagic group (MP), (c) top predator group (TP) using the parameter values
 1050 given in Table 2; the curves with squares correspond to the simulation number 1,
 1051 triangles to number 2, and stars to number 3. The continuous curves represent the
 1052 observed catch variations.

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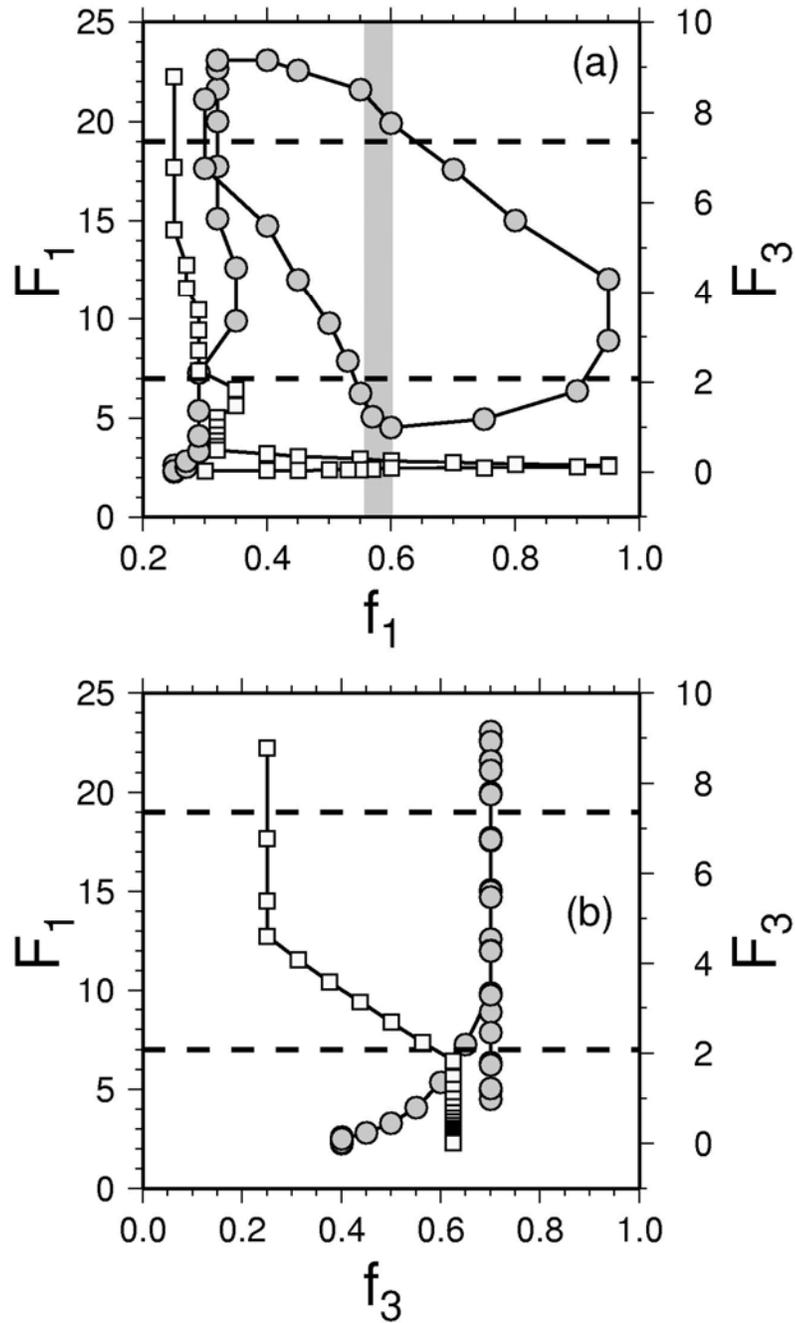
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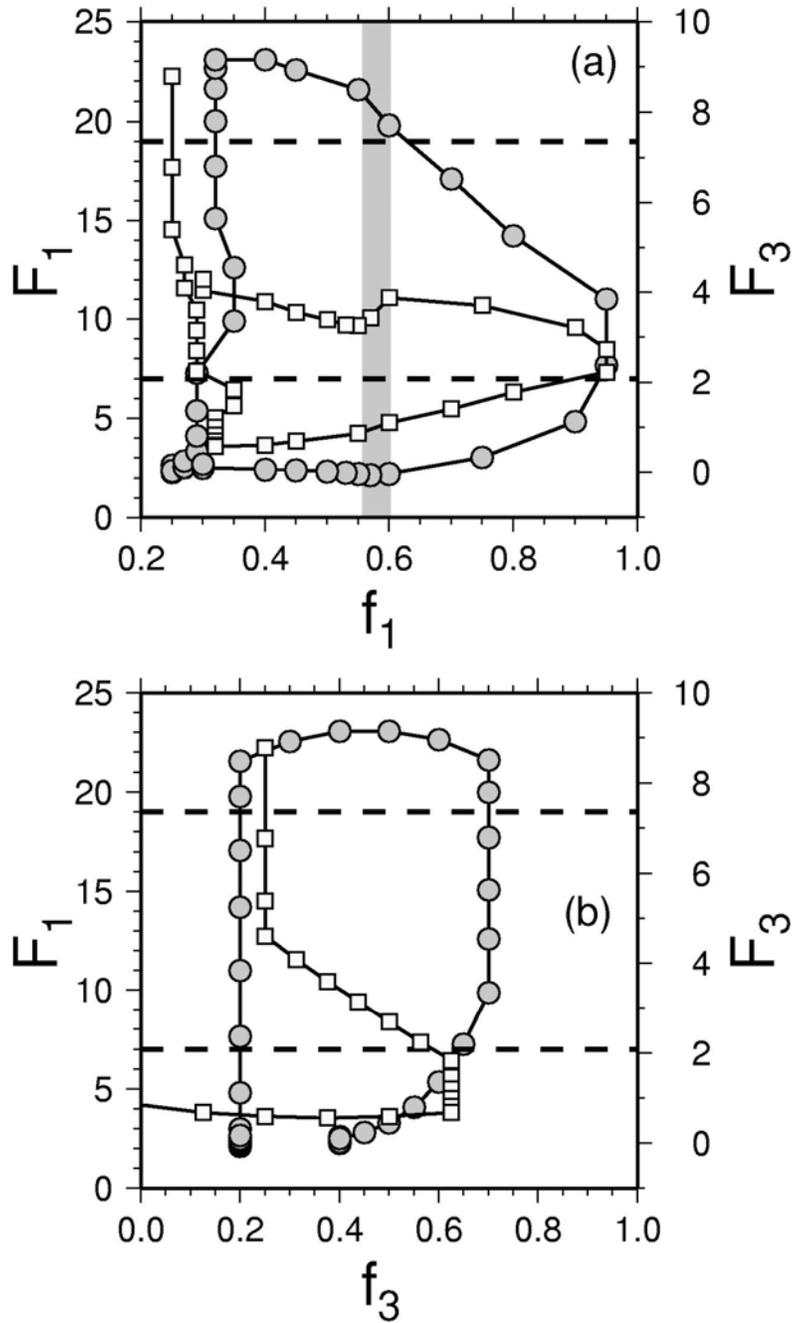
1055 Fig. 9. Relative stock biomass versus small pelagics fishing mortality rate variations
 1056 obtained from the equilibrium solution of the model using the top predator mortality
 1057 rate variations shown in Fig. 6 for (a) small pelagic, (b) medium pelagic groups and
 1058 for different choices of the medium pelagic fishing mortality rate; $f_2=0.25$ (curve 1),
 1059 $f_2=0.28$ (curve 2), $f_2=0.3$ (curve 3), and $f_2=0.4$ (curve 4). The continuous (broken)
 1060 lines represent stock variations for increasing (decreasing) f_1 .

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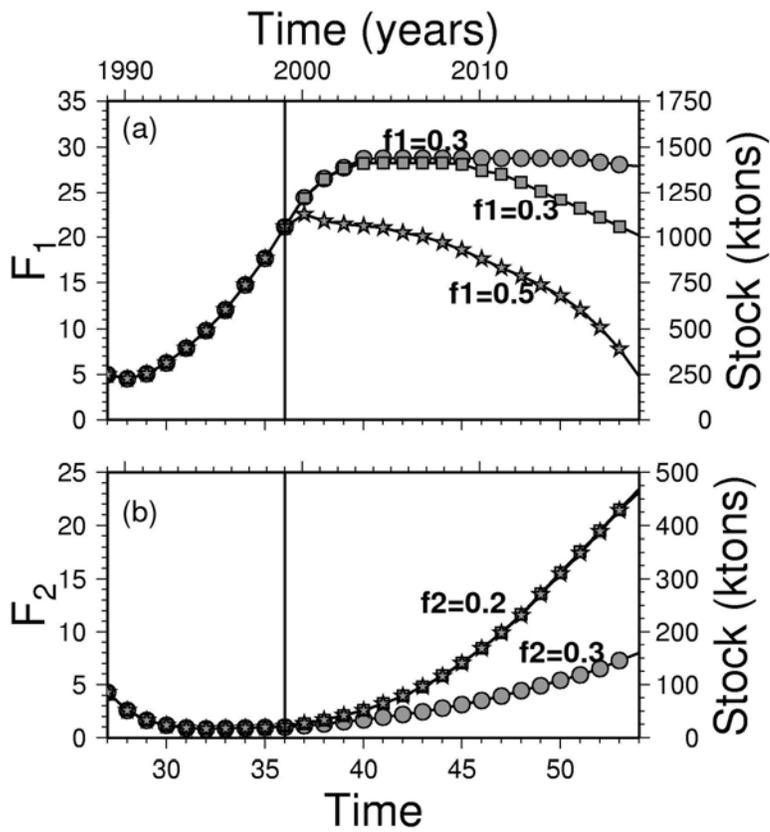
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1063 Fig. 10. Changes in the small pelagic stock (circles) and top predator stock (squares)
 1064 with respect to the fishing mortality rate of (a) small pelagic group, (b) top predator
 1065 group for the simulation number 1 in Table 2. The broken lines represent the
 1066 threshold values of stocks.
 1067



1068 Fig. 11. Changes in the small pelagic stock (circles) and top predator stock (squares)
 1069 with respect to the fishing mortality rate of (a) small pelagic group, (b) top predator
 1070 group for the simulation with the alternative top predator fishing mortality rate
 1071 variations shown in Fig. 6 by broken lines. The broken lines represent the threshold
 1072 values of stocks.



1073

1074 Fig. 12. Prediction of (a) small pelagic, (b) medium pelagic stocks during 1999-2019
 1075 under three different settings: $f_1=0.3$ and $f_2=0.3$ (circles), $f_1=0.3$ and $f_2=0.2$ (squares),
 1076 and $f_1=0.5$ and $f_2=0.2$ (triangles).